

MENSTRUAL BLOOD IS A GOOD SOURCE OF CELLS

Commonly thought of as 'nature's curse on women', menstruation is a time of the month most women despise. But new research suggests that menstrual blood is a good source of stem cells and cell banks plan to preserve menstrual stem cells. "It is a richer source of stem cells compared to bone marrow as it regenerates every month," says Mayur Abhaya, executive



director, LifeCell International. Menstrual blood can be used to develop nine different types of cells including heart, nerve, lung, muscle, liver, pancreatic, fat, bone and nerve cells that form the lining inside the blood vessels. Using this is a painless non-invasive way of harvesting cells, compared to some other sources such as the bone marrow.